



December, 2020

Q2 BELL SCHEDULE



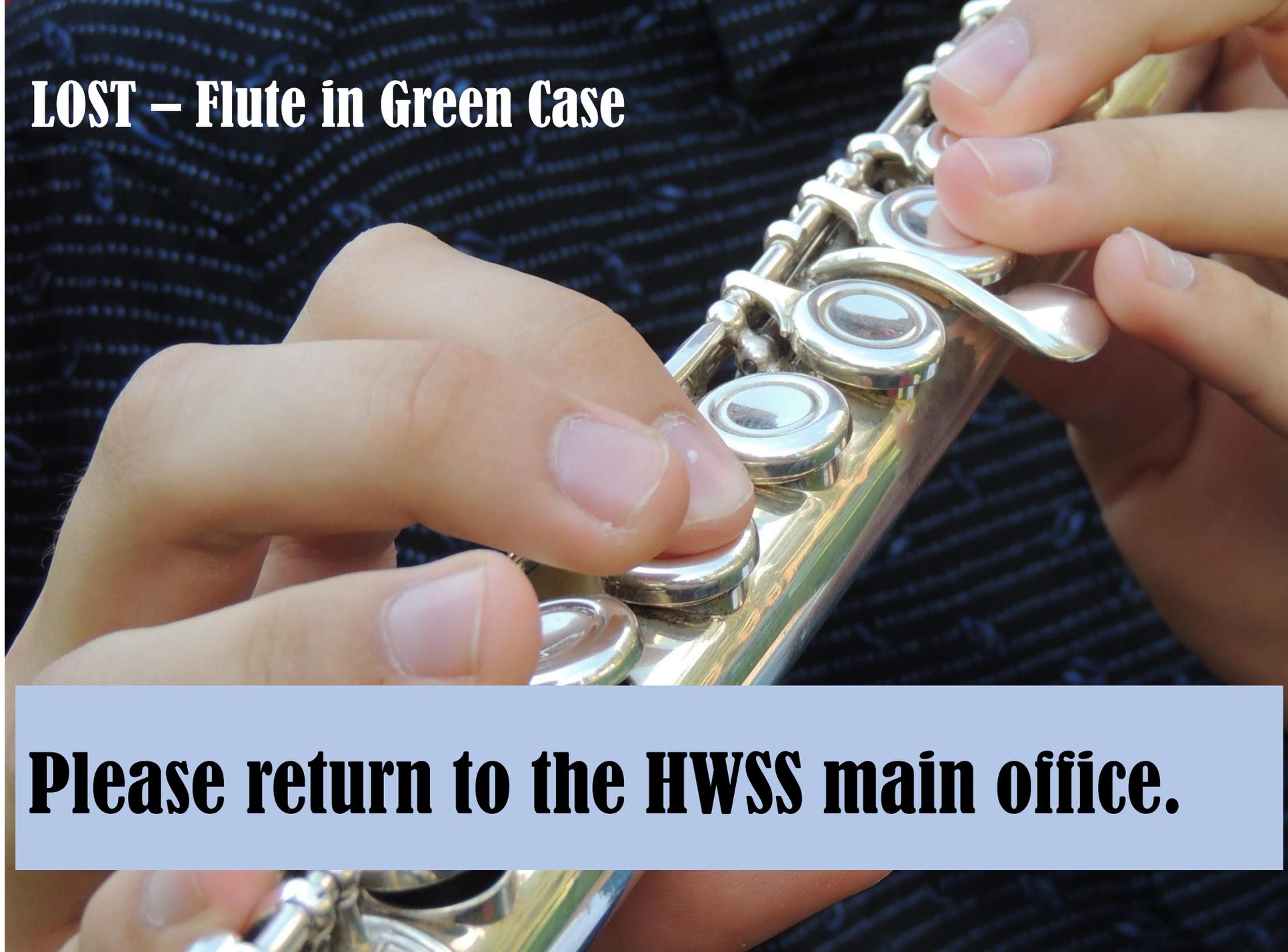
BELL SCHEDULE – Q2

Take a pic with your phone

GRADE 9/10's

GRADE 11/12's

P1 7:55 - 9:10 am	P1 7:55 - 9:10 am
P3 9:15 - 11:15	BREAK 9:10 - 9:25 am
FLEX 11:15 - 11:45 am	P3 9:30 - 11:30 am
LUNCH 11:45 am - 12:15 pm	FLEX 11:30 AM - 12:00 pm
P5 12:20 - 2:20 pm**	LUNCH 12 - 12:30 pm
FLEX 2:20 - 2:50 pm	P5 12:35 - 2:35 pm**
	FLEX 2:35 - 3:05 pm
**P5 Mon/Thurs students A-L	**P5 Mon/Thurs students A-L
Tues/Fri students M-Z	Tues/Fri students M-Z



LOST – Flute in Green Case

Please return to the HWSS main office.

ATTENTION GRADE 12S:
THE ON-LINE GRAD WEAR STORE IS OPEN UNTIL
DECEMBER 16TH!

[HTTPS://STORE.PASSIONSPORTS.CA/HWSS2021](https://store.passionsports.ca/hwss2021)



HERITAGE
WOODS
M M X X I

COMPLIMENTS FOR CHRISTMAS!

Come up to Room 314 to
write a nice compliment
about somebody else.

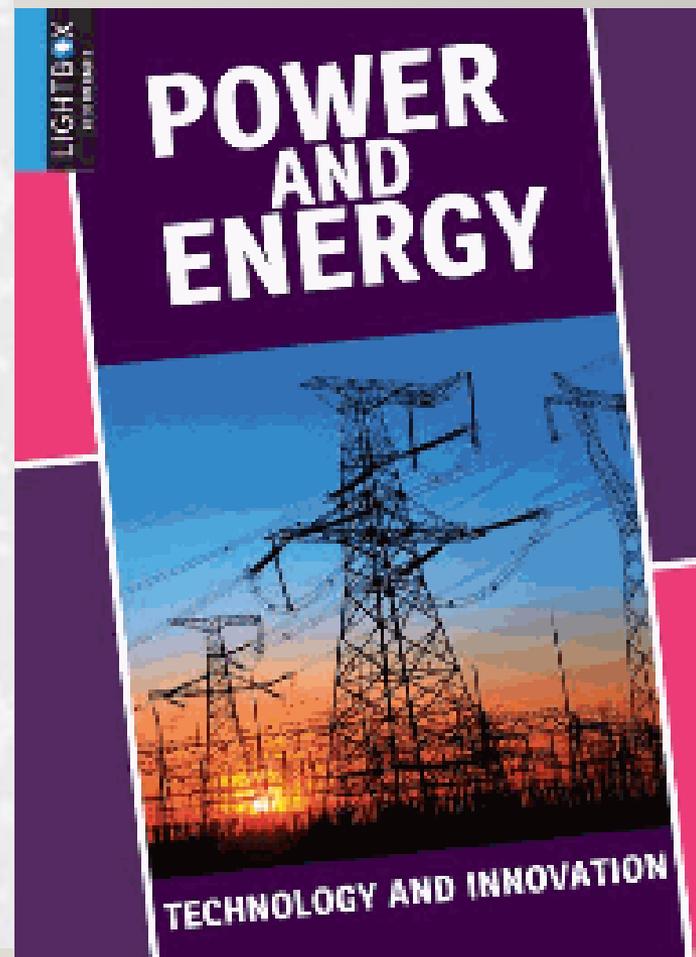
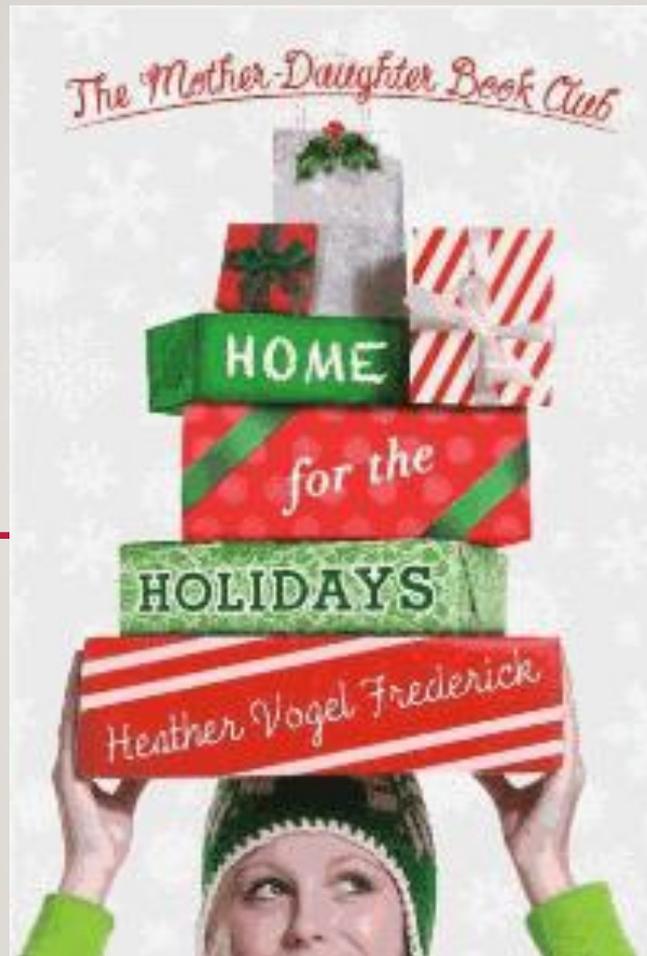
Santa's elves will deliver the
compliments next week.

Dec. 9 – Dec. 14
Room 314

You don't want to miss this!
It will be awesome...and it is
complimentary ('free')



NEW LIBRARY BOOKS



TRI-CITIES INTERACT CLUB HOLIDAY CLOTHING DRIVE!

What: Gently used clothing items

Where: Donation Box outside of theatre

When: By December 12th

****PLEASE BE RESPONSIBLE AND SAFE****





Flannel Friday!

Hey Kodiaks! On this Friday December 11th, wear your flannels to school!



DRESS UP AS YOUR FAVOURITE TEACHER DAY

TIME: MONDAY DEC 14

Post an IG story of your costume and tag/DM HWSS Student Council for a chance to win a PRIZE!



Time: Tuesday Dec 15

PJ DAY

HOORAY, HOORAY! IT'S UGLY SWEATER
DAY!

**Post an IG story and tag HWSS Student
Council to participate in the best
costume competition!**

HWSS Student Council

Post an IG story of your costume and tag/DM HWSS Student Council to participate in the costume competition!

HWSS STUDENT COUNCIL

WEAR YOUR HOLIDAY DAY

TIME: WEDNESDAY DEC 16





HWSS STUDENT COUNCIL



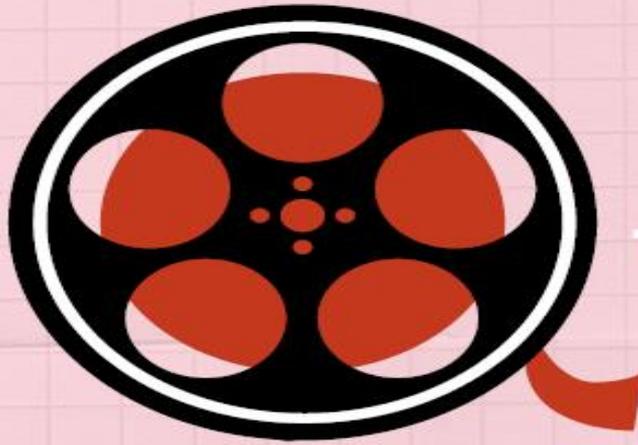
TWIN DAY

Match your outfit with a friend and come to school as TWINS!

Time: Thursday Dec 17

Post an IG story of you and your twins friend and Tag/ DM HWSS Student Council for a chance to win a prize!





Time: Friday Dec 18

Grade 12---Black

Grade 11---Grey

Grade 10---White

Grade 9---Burgundy

KODIAK

COLOR DAY

Dress in your grade color and post an IG story, tag/DM HWSS Student Council for a chance to win the BEST COSTUME prize!

It's that time of the year again!

Door Decoration

CALLING ALL BLOCK 3 CLASSES! It's time to
work together to show your holiday spirit!
Decorate your classroom door by the 16th of
December to stand a chance to win best door and
a prize for your whole class!

Student Council

Jersey day!

**Wednesday the
16th! Be sure to
wear your
jerseys and any
other sports
clothing you
own!**

Go Kodiaks!





ORNAMENT GRAMS

***COME VISIT US OUTSIDE
THE THEATRE FROM THE
8TH TO THE 15TH OF
DECEMBER AT LUNCH WITH
\$2 TO BUY AND
PERSONALIZE AN
ORNAMENT AND NOTE FOR
SANTA TO SEND TO YOUR
FRIEND!***

STUDENT COUNCIL



FOOD BANK KWAP CARDS



Messages for the food bank? Come down to the front of the theatre at lunch to brighten up someone's day from 8-14th December.



Calling all high school students!

Volunteer Opportunity!

Are you looking for a meaningful way to engage your students with an impactful COVID-safe volunteer opportunity? Do you have 5-minutes to narrate a digital storybook that will support over 50,000 learners around the world, including 37,000 learners in underserved and refugee communities?

Hello! My name is Emily and I work with Simbi Foundation, a UN-partnered nonprofit that collaborates with schools around the world to meet their education needs with solar-powered & research-driven solutions. So far, we have directly supported over 37,000 learners in refugee settlements and remote areas of Uganda and India with our BrightBox solar-powered classrooms, learning resources, and Simbi reading software and we need your help!

We would like to invite you to participate in our #GiftYourVoice Read-a-Thon. Can we join together to read 1,000 books during the month of December to support over 50,000 learners in 64 countries on their reading journeys?

All participating students will receive a signed volunteer certificate for their time spent reading! Click the magic link to join the group here:
<https://read.simbi.io/TjYzaWlxc1hqbA-->

You can find all the resources you need [right here](#) on our website, including a starter video that runs you through how to “gift” your voice to make an impact!

We have English and French books that need narrations.

KWAP CHRISTMAS FOOD BANK DRIVE

- Please bring non-perishable food items to Mrs. Nunn's room! (Room 109)
- November 19th - December 14th!

Questions?: 127-dshin@sd43.bc.ca



Leading Learners



- 'Leading Learners is taking in student ambassadors for our new school year, on a roll-in basis. This is an opportunity available for students in high school and post-secondary to meet and engage with students on the national level. Each week, ambassadors are given a question to reflect upon their leadership and learning skills. As an example, 'what are three personal skills you believe you are strong in?' Through supervised chat-based messaging, Student Ambassadors are able to view responses from other students across Canada and gain insight on how they can build their leadership skills. By engaging students at Leading Learners, we bring new energy into our mission-based work while developing future leaders of your communities.'
- **For additional details and the application page, [click here](#).**
Or visit www.leadlearners.ca/ambassadors.'

To date, our impact is to over 100,000 Canadian students, and we are looking forward to accepting students into our program throughout your school as well. To get to know our full story and values at Leading Learners, visit our about page at www.leadlearners.ca/about, or our website, www.leadlearners.ca.

SFU

Before heading into the holiday season, the Faculty of Arts and Social Sciences at SFU wanted to provide the **parent community** with the opportunity to connect with one of our FASS professors online for a **Parents and Supporters Q&A!** In this session, prospective students and their parents/supporters can get answers to their FASS questions and understand how they can be more successful in their first year of university. The session will be hosted by Dr. Danielle Murdoch from our Criminology faculty and will take place on **December 15th from 5:30 – 6:30PM**. Registration can be found online at: www.sfu.ca/fass/students/prospective-students/e-sampler/future.html.

KODIAK ATHLETICS



CLUBS





GARDENBANK SOCIETY PRESENTS

Christmas Candle Sale!!

December 10/11 during lunch in the Grand Hall

All proceeds go to supporting local food drives for the holidays!

Scented candle + Christmas card/bag: \$3.00 each

WRITING CLUB

Join by emailing
127-kwang@sd43.bc.ca

Are you:

-Interested in writing as a hobby, or career?

Eg. Novels, copywriting?

-Looking for a study/writing-type group for
reciprocated feedback?

-Or just want to get better at writing, English,
etc.?

Or scan the QR Code!



ARE YOU INTERESTED IN MATH CLUB?

- solve some problems/puzzles
- learn more about further math
- special series (current students in STEM field talking about their mathematics experience)
- meet a group of like-minded peers

Contact Ms. Weinkam (lweinkam@sd43.bc.ca) if interested

HWSOAP TUTORING

Contact hwsopatutor@gmail.com for free
online peer tutoring in all school subjects!



CAREER CENTER



A reminder that applications are **due December 11, 2020** and should be handed-in to the students counsellor.

LINK to presentation :

- https://www.canva.com/design/DAEMfPiWeuk/JZtXBdBIg5D80ceHls76Dw/view?utm_content=DAEMfPiWeuk&utm_campaign=designshare&utm_medium=ink&utm_source=viewer

2020 Fire Academy Highlight Video

- <https://www.youtube.com/watch?v=P3si49Duyps>

2019 Fire Academy Highlight Video

- <https://www.youtube.com/watch?v=b2V5ep7FBE0&feature=youtu.be>



Attentions grade 11 and 12 students!

Are you interested in pursuing a career in Fire Fighting? Register for the SD43 Fire Fighting Academy and get a head start on your career.

SD43 FIRE FIGHTING ACADEMY

March 19-26, 2021

LEARN MORE



Get answers to your questions

- Applying to ECU? Register for a one-on-one portfolio review to receive feedback on your portfolio before you submit your application

Spots are limited—register now!

31 Applications close on January 15, 2021

This is the deadline to apply and submit your [transcripts](#) and [portfolio](#).

If your first language is not English, regardless of immigration or citizenship status, you must also submit an [English Language Proficiency test score](#).

Keep track of everything with our application checklist.

SFU

Have you applied to SFU but have some questions about what to do now?

Check this page for information for applicants:

<https://www.sfu.ca/students/admission/apply/applied/fall.html>

Here is a handy video on self-reporting your grades:

<https://vimeo.com/488612555/a1d5f1a3cc>

If you have questions – please email Ms. Butler to schedule an appointment

dbutler@sd43.bc.ca

Summer STEM Institute

Making research and mentorship accessible to high school students.

- The Summer STEM Institute (SSI) is a 6-week virtual summer program from June 20 to August 1, 2021. SSI is an international program that provides academically talented and highly motivated students the opportunity to learn through a data science and research bootcamp, a Masterclass lecture series, weekend challenges, and a mentored research project.
- ***Bootcamp:*** learn how to design and conduct a data science research project.
- Pursuing research in high school is difficult. Many students are scientifically curious and are eager to conduct research but often lack the right training to do so. The SSI Bootcamp empowers motivated high school students with the training to conduct data science research projects.
- The Summer STEM Institute (SSI) program was started last summer by educators, students, and graduates from Stanford, Harvard, and MIT. Last year, SSI received over 2,450 applications from students in 78 different countries.

Many students who attended the program said SSI changed their lives and asked for the team to continue running SSI in future years. Applications for SSI 2021 have just opened.

The program consists of three main parts:

- **Research and data science bootcamp:** Students learn how to design and conduct data science research projects. Students learn about the research process and how to apply statistical and machine learning methods to address scientific questions with real-world impact.
- **Masterclass lecture series:** Students are connected to accomplished young adults around the world. Students have the opportunity to learn about entrepreneurship from Forbes 30 Under 30 recipients, science research from International Science and Engineering Fair (ISEF) grand prize winners, and other topics from speakers with diverse backgrounds and experiences.
- **Mentored research project:** Students complete a research project through a rigorous, hands-on learning experience under the guidance of mentors. Previously, students have worked in a variety of fields, from computational biology to quantum physics.
- Students and families can learn more about SSI and apply on our website here: <https://www.summersteminstitute.org/> and here: <https://www.summersteminstitute.org/admissions>

Did you apply to UBC by Dec. 01? Did you know the deadline to apply for the UBC Centennial Scholars Entrance Awards has been extended? New deadline is Dec. 15, 2020.



<https://you.ubc.ca/financial-planning/scholarships-awards-canadian-students/entrance-award/>

The UBC Centennial Scholars Entrance Award program assists students who are transitioning to UBC from secondary school or another post-secondary institution. The purpose of the program is to financially support academically qualified students who show an interest in joining and contributing to the UBC community, but who would not be able to attend without significant financial assistance. Through the program, new students can access a variety of one-time and renewable awards of up to \$80,000.

Certification Opportunities!

Forklift + Bobcat (aka Steer Skid) Training

These two training opportunities are both **1-day training courses** that will teach you to properly and safely operate a **forklift** (gas + propane) and **bobcat** (bucket and/or forks).

- The programs will use both **theory** (classroom) and **practical** (on the vehicle) learning.

Course Information:

- **Black's Equipment Training** (#125 - 1525 Broadway St., Port Coq): [website](#)
8.30am - 4.00pm (with appropriate breaks)
- **\$175** per course- receipts will be issued by the company
- students **covered by WCB** while in training session
- limited to **5 students** per intake

Students must:

- be at least **15 years old**
- have **some experience operating a vehicle** using "steering, gas acceleration and braking" (but do not have to have an actual driver's license), examples:
 - car, truck, motorcycle, ATV
- wear required personal protection equipment (**PPE**):
 - **mask** as per CoVid19 safety protocol
 - **CSA approved safety boots** (not the 'gumboot' style)
 - **high visibility vest**
- **dress appropriately** for indoor and outdoor conditions



Visit the **Sd43 Trades Page** for more information and dates.

[http://www.sd43.bc.ca/CareerPrograms/Pages/Certifications.aspx#/="](http://www.sd43.bc.ca/CareerPrograms/Pages/Certifications.aspx#/=)

Occupational First Aid (OFA) - Level 1

Occupational First Aid (OFA) Level 1 is a one-day course designed to cover all medical techniques considered to be within the responsibility of the Occupational First Aid Level 1 Attendant as required by the Workers' Compensation Board of BC (WCB).



Given CoVid19 and safety protocols:

- class size will be limited to 8 students
- gloves and masks are mandatory
 - trainer will supply both these PPE items (students may bring their own mask if preferred)

Course information:

- time: 8.30am and runs until 4.30pm
 - with appropriate coffee and lunch breaks... bring your own food or there is a fast-food restaurant nearby
- age: must be at least 16 years old at the time of the course
- cost: \$80 + GST (\$84 total)
- location: Universal Health & Safety at #201 - 4199 Lougheed Hwy, Burnaby
 - 10-minute walk from Gilmore Skytrain station

Main topics covered include:

- Basic Life Support (CPR - A) -- CPR with Automated Defibrillator Training
- Small Wound Management
- Critical Airway, breathing and circulation interventions with C-spine management

In order to be successful, participants must demonstrate practical skill competency and achieve 70% on a multiple choice exam. On successful completion of the course, participants receive a 3-year certification.

- certification: government-issued photo ID is required to receive a certificate (ex: driver's license, passport, NEXUS, BCID,...)

Visit the Sd43 Trades Page for more information and dates.

[http://www.sd43.bc.ca/CareerPrograms/Pages/Certifications.aspx#/=](http://www.sd43.bc.ca/CareerPrograms/Pages/Certifications.aspx#/)

Grade 12 students: Scholarships!!

Please see the link for a power point presentation with information on some upcoming major scholarship opportunities.

- You will find links to these plus other scholarships on the career centre webpage under the Finances/Awards tab.
- This PPT is also located on the front page of the Finances/Awards page.
- <http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=>
- Scholarships are listed by due date. Most are external but some are entrance/school specific so check both places.
- Please remember to check back to that page regularly. It is updated as information is released for 2021 scholarship deadlines and procedures.

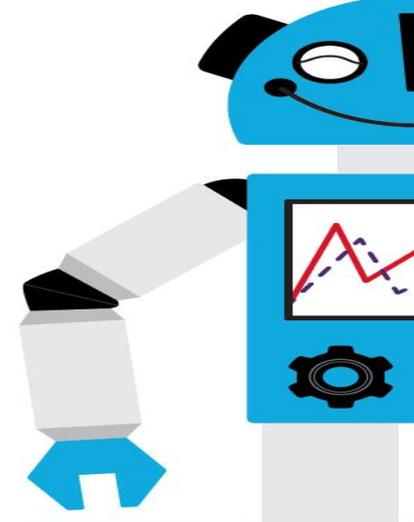
If you have questions about scholarships please email Ms. Butler
dbutler@sd43.bc.ca

July 5 - 30

Shad2021

Virtual STEAM & Entrepreneurship program

- Grade 10 & 11
- 20 days & 100 hours
- ~1000 participants



Real-world design challenge

Work with like-minded youth to come up with a solution to a real-world problem that impacts humankind! #STEAM4Good

Virtual University partners



Application **deadline** Dec. 7, 11:59 pm ET
Apply and learn more: www.shad.ca/apply

Session Link:

Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

(You don't need a MS Teams account or app)

- Parents and students are invited to our BEng Software Engineering information session!
- TRU Bachelor of Engineering in Software Engineering events have transitioned to online for the 2020-2021 school year, but there are still lots of ways for your students to connect with us! We appreciate you sharing the upcoming parent information session with parents and students in your school.

Virtual Info Session for Parents

New
admissions
requirements!

We help students create
their own path with a career
in Software Engineering!

TRU Bachelor of Engineering in Software Engineering

5:00PM, Tuesday, December 15, 2020

MS Teams Virtual Platform

RSVP: enr@tru.ca

tru.ca/se

THOMPSON RIVERS UNIVERSITY



BACHELOR OF ENGINEERING IN SOFTWARE ENGINEERING

Create your own path with a career in Software Engineering

Do you want a career that allows you to make an impact, and that is part of one of the fastest growing and most in demand professions in Canada? Do you want to contribute to the ever-growing need for software based solutions across a variety of industries and professions?

With a focus on skill-based learning and a commitment to small class sizes, the Software Engineering program at TRU provides a hands-on experience led by industry professionals. By blending engineering, business, computing science, project management and quality assurance, students receive a well-rounded and multi-faceted education that equips them with skills needed for the workplace.

EXPERIENCE HANDS ON LEARNING

The program's focus on experiential learning includes two mandatory co-op work terms in the fourth year of the program, which puts students in the position to be a paid employee before graduation and have opportunities to test-drive the wide variety of career options available in software engineering.

Career Paths in Software Engineering

- Manufacturing
- Medicine
- Banking
- Entertainment
- Research
- Automobiles
- Technology companies such as Google, Amazon and Facebook

THE TRU SOFTWARE ENGINEERING ADVANTAGE

- Offers strong foundations in principles and practice of software systems development, and related computing technologies.
- Students develop knowledge of the tools, technical skills and competencies required to design, develop, test and maintain cycles of software product.
- Emphasis on project-based learning practices that apply theoretical concepts to practical problems.
- Co-op work terms to gain relevant, paid work experience in industry.
- One-year design capstone project from real world industry to gain in-depth experiential learning.

ADMISSION REQUIREMENTS

First Year Entry

- BC Grade 12 (or equivalent).
- BC English 12 with a minimum of 67% (or equivalent).
- Pre-Calculus 12 with a minimum of 67% (or equivalent).
- Chemistry 11 with a minimum of 67% (or equivalent).
- Physics 11 with a minimum of 67% (or equivalent).

You may also be considered for second or third year direct entry if you have completed or partially completed first or second year science, engineering or cognate department courses. Please contact Dr. Faheem Ahmed for more information and evaluation at enrg@tru.ca.

CONTACT US

Kammi Madsen,
Engineering Advisor & Accreditation Coordinator

778-471-8698 | enrg@tru.ca

To apply for this program, visit tru.ca/admissions/apply

tru.ca/se



BISHOPS UNIVERSITY

Thursday, Jan 14, 2021 05:00 PM PST:

<https://us02web.zoom.us/meeting/register/tZMrduCrpzljGNQebEFJTQLKlSUGCsWDpstl>

→ After registering, students will receive a confirmation email containing information about joining the meeting.

REPEAT NOTICES



Signing up

Scan this QR code or click the link in our bio

ART SUBMISSION DEADLINE
DECEMBER 18TH



@mime_x_society
mimexsociety@gmail.com



MimeX Social Society: VR Multicultural Art Fair

What is MimeX?

MimeX Social Society is a registered youth-led non-profit organization navigating the potentials in society, striving to bond and appreciate the diverse community through gratifying experiences.

Are you passionate about art? Or do you want to learn more about different art cultures?

Sign up to participate in our first event, a multicultural art fair, where you get to showcase a meaningful piece of artwork in any format and attend a workshop with professional artists & professors. You will also get the chance to share your experience with similar people and take inspiration from others!

Benefits of attending:

- Broaden your horizons through learning more about yourself and others
- Automatically enter a draw with awesome prizes
- Receive a certificate of participation

Date of event is still TBA, for more detailed information, visit our Instagram @mime.x_society or website <https://www.mimex.org/>

Study tips?

*Advice on
making friends?*

*Conflict
resolution
ideas?*



*Highschool
questions?*



Mobile Mentors



Need advice on highschool issues? Just DM our Instagram or email us to speak to an experienced grade 12 mentor confidentially.

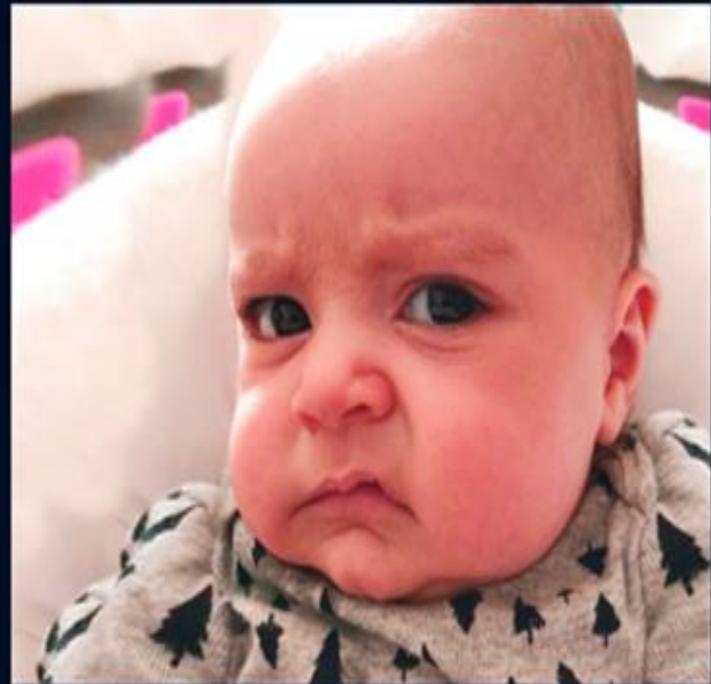
@hwssmobilementors

hwssmobilementors@gmail.com

YEARBOOK SALES

- Online and available for purchase now, \$45. Early January deadline. After that? Mrs. Gilder will only order a few extra, try to get your orders in as soon as possible.
- Don't be late with your orders. This is a firm deadline.
- Please come to the 3rd floor to verify the spelling of your name and what name you wish to use for the yearbook.

GENERAL EXPRESSION AFTER
YEARBOOKS ARE SOLD OUT...



VOLUNTEER OPPORTUNITY



Looking for Snow Angels

- The Snow Angels program is actively recruiting volunteers for the winter season. We are looking for volunteers to assist individuals in our community who are unable to clear snow from the city sidewalks due to physical disabilities or restrictions. This is an on call position for volunteers until March 31; weather dependent.

To Be a Snow Angel you must:

- Be 16 years of age or older;
- Live within close proximity of the participants houses; you can sign up for addresses that are close to you from the volunteer database;
- Clear snow from your matched city sidewalk(s) within 10 hours of the cessation (stop) of any snowfall that caused any accumulation of snow or ice on any city sidewalk
- Complete the snow shoveling before 7:30 pm (not to shovel in the dark)
- Be in adequate physical condition and capable of clearing snow
- Shovel, safety vest, toque and scarf are provided! (if needed)

Commitment: 1-2 homes per individual for the winter season; which is typically from mid-November to the end of March.

- If you would like to volunteer, please signup using this link <http://btrr.im/xd7fg> and sign up for an volunteer account. You will need to complete a Police Information Check and once this is complete you can sign up as per below:
- • Opportunities Tab – click on filter by organization
- • Organization – City of Coquitlam – Special Events/Projects, Park Programs, Snow Angels, Volunteer Training
- • Category - Snow Angels Sign-up (let us know that you are interested)
- Snow Angels Orientation Manual is will be sent upon approval, and please watch the [Proper Snow Shoveling Techniques video](#). Then you can you can sign up for addresses that are close to you from the volunteer database;
- Organization - Snow Angels – Sidewalk Snow Removal
- Sign up for any of the addresses that are listed (more are added daily/weekly)
- Once you confirm assignment, Community Services staff will email you the exact address for you are to shovel in the event of a snow fall.
- Keep track of/log dates and hours volunteered through www.myvolunteepage.com
- For more details or assistance, call the Volunteer Services at 604-927-6922 or email volunteers@coquitlam.ca.

Sasamat Outdoor Centre Youth Leadership Program January – April for High School Students

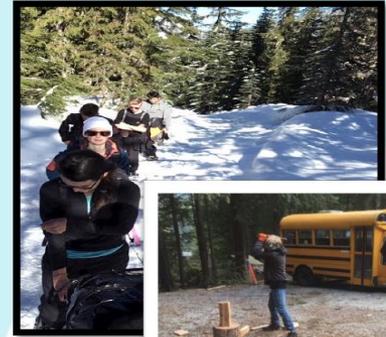
Sasamat Outdoor Centre Youth Leadership Program

January – April for High School Students

With over 30 years of community leadership programming, Sasamat outdoor centre has a fun and engaging curriculum.

- 4 month long program includes:
- Weekly 2 hour (online) lessons
 - Experienced leadership staff and facilitators
 - Hands on learning and weekend events
 - Leadership Certification

- Covid safety and risk management
- Rigorous cleaning routine and risk management practices
 - We follow the most up to date guidelines provided by health officials
 - We have seen success with our safety practices throughout our summer and weekend day camp programs.



Weekend events hosted at Sasamat Outdoor Centre!

- Weekend events hosted on 6 acres of outdoor space
- Overnights include individual rooms and cabins (with options for up to two people upon request)
- Weekend outdoor day trips like snow shoeing, hiking, and canoeing!

Registration is now open!

For details or to register check out www.Sasamat.org or give us a call at 604 939 2268





Science Connecting Youth



Interested in science and medicine but still not sure which specialty to pursue?

We feature undergraduate/graduate students and working professionals on our platform where you can ask questions about their experiences in science and medicine!

Check out [@scyvancouver](#) on Instagram or [our website](#) to learn more about what opportunities are out there for you!

